

A program in partnership with



Washington Adult Day Services Association



Pacific Lutheran University School of Nursing

## Sharing A Commitment to Caring for Elders

# Falls & The Older Adult: A Holistic Approach to Identifying and Managing Risks and Consequences

**DATE: Friday, March 19 , 2010  
12:30 pm – 4:30 pm**

**Mason Lewis Thurston County AAA  
3603 Mud Bay Road, Suite A  
Olympia, WA 98501**



### WORKSHOP SUMMARY

Among older adults, falls are the leading cause of injury deaths, and the most common cause of non-fatal injuries and hospital admissions for trauma. This course will address the many issues that lead to falls in the elderly and will provide students with various methods of risk analysis and options for managing those risks. Emphasis will be on individualized client assessment and prevention strategies that are realistic and functional. Time will be spent identifying holistic after-effects of a fall on the elder and creative approaches to minimizing future risks.

### PRESENTER

**Vicki Anensen-McNealley, PhD, MN, RN**, earned her masters degree in nursing from the University of Washington. She holds a PhD in holistic nutrition from Clayton College. She has vast experience educating nursing students at a local community college, as well as nurses and administrators in the assisted living and nursing home arenas. She designs courses and educational manuals for professionals working in LTC settings. She is currently Director of Assisted Living for the Washington Health Care Association in Tumwater.

***WADSA & PLU ARE COMMITTED TO OFFERING QUALITY CONTINUING EDUCATION CREDITS TO MEET STATE & WORKPLACE REQUIREMENTS: NURSING, SOCIAL WORK & GUARDIANS***

This program meets accreditation standards for **CNEs (3.8 hrs) for nurses** **Professional Guardian Board (3.75 hours)**; This program has been Approved for **3.8 CEUs** by the **NASW Washington State Chapter**. Provider number is #1975-288



## SEMINAR REGISTRATION Mental Health & Older Adults

### REGISTER

**ON-LINE** at [www.adultday.org](http://www.adultday.org) with a credit card or

**MAIL** your check & registration to:

WADSA

85 S. Washington, Suite 314,  
Seattle, WA 98104

or **FAX: 206.461.3218**

Name: \_\_\_\_\_

Nursing Social Work Guardian Other

Name: \_\_\_\_\_

Nursing Social Work Guardian Other

Name: \_\_\_\_\_

Nursing Social Work Guardian Other

Name: \_\_\_\_\_

Nursing Social Work Guardian Other

Organization: \_\_\_\_\_

Street Address: \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Contact Person: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

### REGISTRATION FEES

- Regular Rate: \$69
- Register 4 for the price of 3: \$207.00

Total Number of Registrations: \_\_\_\_\_

Total Amount: \_\_\_\_\_

85 S. Washington Suite #314 Seattle, WA 98104

phone: 206.461.3899 | toll free: 1.888.60.WADSA | fax: 206.461.3218 | web: [www.adultday.org](http://www.adultday.org)